

spa packages & experiences

WEEKDAY
(MON-THURS)

WEEKEND
(FRI-SUN/HOLIDAYS)

KUR EXPERIENCES

Mountain Mineral Kur (allow 2.5 hours) <i>Moor mud wrap, soak and Swedish massage</i>	280	300
Spirulina Kur (allow 2.5 hours) <i>Spirulina wrap, soak and Swedish massage</i>	280	300

SIGNATURE EXPERIENCES

Lavender Mountain Spirit (allow 3.5 hours) <i>Mountain lavender scrub, soak, Swedish massage and lavender facial</i>	385	405
Fragrant Forest (allow 3 hours) <i>Spruce and cedar scrub, natural elements shower, soak, Swedish massage and scalp massage</i>	350	370
Soothing Earth and Stone (allow 2.5 hours) <i>Sage scrub, wrap and stone massage</i>	345	365
Rain Fusion (allow 75 minutes) <i>Scalp massage, scrub and waterfall Vichy shower massage</i>	220	230

LAKESIDE ESCAPE EXPERIENCES

Relax and Renew (allow 2.5 hours) <i>Soak, Swedish massage and custom facial</i>	250	270
Immerse & Indulge (allow 2.5 hours) <i>Scrub, soak and Swedish massage</i>	250	270
Mother Daughter Retreat (allow 4.5 hours) <i>Soak, massage, pedicure, manicure and lunch for two</i>	550	590
Northwest Dream (allow 6 hours) <i>Natural elements shower, scrub, Swedish massage, treatment facial, manicure, pedicure and lunch</i>	515	535
Mother-To-Be (allow 4 hours) <i>Pregnancy massage, organic facial, pedicure and lunch</i>	355	375

MENS EXPERIENCES

The Iron Man (allow 3 hours) <i>Wrap, natural elements shower and Swedish massage</i>	340	360
Gentlemen's Escape (allow 2.5 hours) <i>Natural elements shower, 50 minute Swedish massage and gentleman's facial</i>	250	270

**Note: all packages & experiences are at a discounted bundled price - discount varies per package.*

spa services

coeur d'alene
r e s o r t *Spa*

OPEN 7 DAYS A WEEK, 8AM - 8PM
800.684.0514
CDARESORT.COM

UPDATED JUNE 2023



coeur d'alene
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massage therapies

	WEEKDAY (MON-THURS)	WEEKEND (FRI-SUN/HOLIDAYS)
Signature Coeur Stone Massage 100 minutes	295	305
Swedish Massage 50/75 minutes	135/200	145/210
100 Minute Swedish Massage 100 minutes	270	290
Deep Tissue Massage 50/75 minutes	145/215	155/225
100 Minute Deep Tissue Massage 100 minutes	290	310
Hot Stone Massage 50/75 minutes	145/215	155/225
Comforting Pregnancy Massage 50/75 minutes	145/215	155/225
Stone Sports Fusion Massage 75 minutes	215	225
Waterfall Vichy Shower Massage 45 minutes	135	145
Foot Therapy 50 minutes	125	135
Express Massage 20 minutes	70	80
Youth Massage 20 minutes	70	80
Tranquil Scalp Ritual 20 minutes	70	80
Healing Foot Treatment 20 minutes	70	80

couples treatments

	WEEKDAY (MON-THURS)	WEEKEND (FRI-SUN/HOLIDAYS)
Suite Indulgence (allow 2 hours) <i>Includes side-by-side full body massages, hand & foot treatments, acupressure facial massages, chocolate covered strawberries and a bottle of champagne</i>	580	600
Couples Aromatherapy Massage 50/75 minutes	290/430	310/450

**Note: only massages can be done side-by-side together in one room. All other
spa treatments, such as facials/wraps/etc, take place in separate treatment rooms*

facial treatments

	WEEKDAY (MON-THURS)	WEEKEND (FRI-SUN/HOLIDAYS)
Customized 50 Minute Facial <i>Deep cleansing, organic, men, teen</i>	140	150
Customized 60 minute Facial <i>Treatment, organic, hydrating, soothing, sensitive, correcting acne</i>	150	160
Customized 75 Minute Facial <i>Organic, Gua Sha (anti-aging)</i>	190	200
All-Inclusive Spa 90 Minute Facial <i>Spa rescue, ultimate organic</i>	250	260
Express Facial & Treatments <i>Vitamin C Express Facial, Arctic Berry Peel, Multi-Acid Peel</i>	85	95
Microdermabrasion 50 minutes	155	165

exfoliation & wraps

	WEEKDAY (MON-THURS)	WEEKEND (FRI-SUN/HOLIDAYS)
Signature Forest Mineral Scrub 45 minutes	135	145
Organic Scrub 45 minutes	135	145
Custom Aroma Scrub 45 minutes	135	145
Nourishing Spirulina Wrap 50 minutes	140	150
Detox Moor Mud Wrap 50 minutes	140	150
Stoncrop Scrub & Wrap 75 minutes	175	185

complements & add-ons

	WEEKDAY (MON-THURS)	WEEKEND (FRI-SUN/HOLIDAYS)
MASSAGE ADD-ONS		
<i>*Must be added to massage service(s)</i>		
Perfect Skin Dry Brush & Shower	50	60
FACIAL ADD-ONS		
<i>*Must be added to facial service(s)</i>		
Eye Treatment	30	40
Dermaplaning	50	60
Multi-Acid Peel	45	55
Arctic Berry Peel	45	55
Microdermabrasion	50	60
Waxing, Tinting, Brows & Lamination		
<i>See Salon Menu for pricing & offerings</i>		
WELLNESS ADD-ONS		
<i>*Must be added to a spa or salon service</i>		
Aroma Mineral Soak 15 minutes	35	45
Natural Elements Shower 10 minutes	25	35
Aroma Soak & Elements Shower Combo 25 minutes	50	60
Spa Lunch <i>*Must be booked ahead of time</i>	30	30

manicures, pedicures, hair services & waxing

Please see Salon Menu for pricing & offerings